

## Father / Son Schedule

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# 2010 Father/Son World Wrestling Camp Schedule

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**FATHER / SON CAMP SERVES CAMPERS OF ALL AGES**

*Campers who benefit most are campers 8th grade and under*

**WWCAMP I - WISCONSIN  
DELLS - JUNE 27-30, 2010**

**WWCAMP II - DUBUQUE IOWA -  
JULY 28-31, 2010**

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## PRICES

**RESIDENT RATE** *T-shirt, All Meals, Housing @ Resort, Water Park Pass (DELLS)*

**\$475/Father & Son (Pair)**

**OUTDOOR CAMPER RATE** *(AVAILABLE FOR WWCAMP II DUBUQUE ONLY) T-shirt, All Meals @ Resort, Transportation; Camp includes easy access to Hiking, Swimming, Fishing*

**\$310/Father & Son (Pair)**

## **COMMUTER RATE *T-shirt, Noon Meals***

**\$200/Father & Son (Pair)**

[Learn about DAY CAMP TAX DEDUCTION for children under 13](#)

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REGISTRATION MAIL-IN FORM

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WAIVER MAIL-IN FORM

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## **SCHEDULE**

### **DAY 1**

<b>12:30pm-4:00pm</b>	<b>Early Camp Registration &amp; Free Time*</b>
<b>4:00pm-5:30pm</b>	<b>Hotel Registration &amp; Check In</b>
<b>5:30pm-6:30pm</b>	<b>Pizza Dinner</b>
<b>6:30pm-8:30pm</b>	<b>Technique Session</b>
<b>11:00pm</b>	<b>Lights Out</b>

### **DAY 2 & DAY 3**

<b>7:00am-8:00am</b>	<b>Breakfast</b>
<b>8:45am</b>	<b>Roll Call &amp; Warm-up</b>
<b>9:00am-11:00am</b>	<b>Technique Session</b>
<b>11:00am-12:00pm</b>	<b>Lunch</b>
<b>12:00pm-2:30pm</b>	<b>Free Time*</b>

<b>2:30pm</b>	<b>Roll Call, ISI Session, &amp; Warm-up</b>
<b>2:45pm-4:00pm</b>	<b>Technique Session</b>
<b>4:00pm-5:00pm</b>	<b>Games Session - FR/SON – Session</b>
<b>5:30pm-6:30pm</b>	<b>Dinner</b>
<b>7:30pm-</b>	<b>Roll call, ISI Session &amp; Warm-up</b>
<b>7:45pm-9:00pm</b>	<b>Technique Session</b>
<b>11:00pm</b>	<b>Lights Out</b>

**DAY 4**

<b>7:00am-8:00am</b>	<b>Breakfast</b>
<b>8:45am</b>	<b>Roll Call, ISI Session, &amp; Warm-up</b>
<b>9:00am-10:30am</b>	<b>Technique Session</b>
<b>10:30am-11:00am</b>	<b>FR/SON ISI Session</b>
<b>11:30am-12:00pm</b>	<b>Check Out &amp; Free Time*</b>

***\*Dells Camp WaterPark Passes are good ALL DAY***