

Feet to Back Camp Schedule

**2010 FEET-TO-BACK World Wrestling Camp
Schedule**

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**WWCAMP I - WISCONSIN DELLS -
JUNE 27-30, 2010**

**WWCAMP II - D U B U Q U E, IOWA -
JULY 28-31, 2010**

PRICES

RESIDENT RATE *T-shirt, All Meals, Housing @ Resort, Water Park Pass (DELLS)*

\$450/Wrestler

OUTDOOR CAMPER RATE (AVAILABLE FOR WWCAMP II DUBUQUE ONLY) *T-shirt, All Meals @ Resort, Transportation; Camp includes easy access to Hiking, Swimming, Fishing*

\$265/Wrestler

COMMUTER RATE *T-shirt, Noon Meals*

\$170/Wrestler

REGISTRATION MAIL-IN FORM

PRINT & DOWNLOAD

PRINT IN PDF

WAIVER MAIL-IN FORM

SCHEDULE

DAY 1

12:30pm-4:00pm	Early Camp Registration & Free Time*
4:00pm-5:30pm	Hotel Registration & Check In
5:30pm-6:30pm	Pizza Dinner
6:30pm-8:30pm	Technique Session
11:00pm	Lights Out

DAY 2 & DAY 3

7:00am-8:00am	Breakfast
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8:45am	Roll Call & Warm-up
9:00am-11:00am	Technique Session
11:00am-12:00pm	Lunch
12:00pm-2:30pm	Free Time*
2:30pm	Roll Call, ISI Session, & Warm-up
2:45pm-4:00pm	Technique Session
4:00pm-5:00pm Session	5 Point Specialty Session – Feet To Back – Games
5:30pm-6:30pm	Dinner
7:30pm-	Roll call, ISI Session & Warm-up
7:45pm-9:00pm	Technique Session
11:00pm	Lights Out

DAY 4

7:00am-8:00am	Breakfast
8:45am	Roll Call, ISI Session, & Warm-up
9:00am-10:30am	Technique Session
10:30am-11:00am	Feet to Back - ISI Session
11:30am-12:00pm	Check Out & Free Time*

****Dells Camp WaterPark Passes are good ALL DAY***